

Wish List for Family Services

Financial contributions and donations of practical goods help Catholic Charities' clients get the health care and daily living items they need to create a healthy and stable environment for themselves and their families.

The impact your financial gift can have:

- \$25 buys a gift card that can be used for prescriptions, personal & household items
- \$30 pays for childbirth and newborn care education at Prenatal Services
- \$50 buys a bus card so a parent can get to work or an elderly person can go to the grocery store and appointments
- \$60 pays for interpreter services for one prenatal check-up
- \$100 buys a one-month supply of iron and prenatal vitamins for 12 pregnant women
- \$100 pays for a session of bilingual consultation
- \$120 pays for a visit to our counseling clinic
- \$130 pays for an ultrasound for an uninsured woman
- \$200 pays for a Couples Communication program
- \$250 provides one month of transportation assistance for prenatal clients who need help getting to clinic appointments
- \$1,200 pays for prenatal care for one uninsured pregnant woman at the Prenatal Clinic

Items needed:

Baby Care Items

Diapers
Formula
Baby care items
New and gently used clothing

Baby Equipment

Infant car seats (must be new)
Pack 'n' Play portable cribs
Strollers

Personal items

Shampoo/conditioner
Toothpaste/toothbrushes
Women's hygiene items
Men's shaving items
Hair products for African Americans
New clothing for pregnant women, mothers, fathers, children and the elderly

Children's Items

Non-violent toys and games
Learning supplies

For the Elderly

Small appliances
Phone calling cards
Cleaning supplies
Bus passes/Metro Mobility passes
Magnifiers
Speaker phones
Large print puzzles and books
Stationary/postage stamps
Portable files
Calendars
Pens
Pet products

Serving those most in need

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