

DOWN SYNDROME ASSOCIATION OF MINNESOTA

Our Mission:

It is the mission of the Down Syndrome Association of Minnesota to provide information, resources and support to individuals with Down syndrome, their families and their communities.

Our Programs & Services:

- Down Comforter information packets for parents of infants with Down syndrome and for expectant parents who have had a prenatal diagnosis of Down syndrome
- New Parent Breakfast
- Grandparent Information packets
- Teacher Resource Packets
- Parent-to-parent visitation
- Parent support groups
- *Special Times*, our bi-monthly newsletter
- *Voices & Choices*, newsletter written by and for people with Down syndrome
- *Solutions*, a newsletter for educators
- Resource Lending Library
- Social activities throughout the year (Fish Fry, Picnic, Buddy Walk, Pancake Breakfast, Holiday Party)
- Regional Conferences every other year
- Annual Conferences for youth and adults with Down syndrome
- Annual Conferences for Grandparents
- Annual Conferences for educators
- Resource and referral information

Down Syndrome Association of Minnesota, 656 Transfer Road, Saint Paul, MN 55114
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Did you know?

All people with Down syndrome have an extra, critical portion of their number 21 chromosome present in all, or some of their cells. This additional genetic material alters the course of development and causes the characteristics associated with the syndrome. It is one of the leading clinical causes of intellectual disabilities in the world. People with Down syndrome are at higher risk for medical problems and language delays. Early intervention, high quality educational programs, a stimulating home environment and good medical care, enable people with Down syndrome to become active and contributing members of their families and their communities.

- One in every 800 live births is a child with Down syndrome
- Down syndrome affects 5,000 births every year in the United States
- Down syndrome affects more than 350,000 people in the United States